Gluten Free Menu

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Starters & Things To Share

Cypressa Bar Mix Olives (ve) (158 kcal) **£4.95**
With sun-dried tomatoes and garlic in a herb dressing

Baked Camembert for Two (v) (1694 kcal) **£15.95**
Gluten free bread ,apple & honey, stem ginger & apricot chutney

Pan-Fried Scallops (611 kcal) **£13.95**
Parsnip purée, brown butter & lemon dressing

Baked Button Mushrooms & Brie (v) (1146 kcal) **£9.25**
Served with cranberry sauce, toasted gluten free bread

Chicken Liver Pâté (1147 kcal) **£8.95**
Infused with brandy, stem ginger & apricot chutney, toasted gluten free bread and cornichons

Soup of the Day (v) (726 kcal) **£7.75**
Served with gluten free bread and butter

Baked Nachos (v) (732 kcal) **£6.95**
Cheese, guacamole, sour cream, salsa and jalapeños

Crispy Garlic & Chilli Roasted Potatoes (ve) (328 kcal) **£6.95**
Sweet chilli sauce and coriander

Smoked Houmous with Harissa (ve) (531 kcal) **£6.95**
Grilled gluten free bread and chopped olives

Mains

Marinated Skin on Chicken (1624 kcal) **£18.95**
Dauphinoise potato, parsnip purée, garlic green beans, red wine & pancetta sauce

Slow-Roasted Pork Belly (1463 kcal) **£19.95**
Bubble & squeak cake, stem ginger & apricot chutney, stem broccoli and a sticky red wine sauce

Pan Roasted Duck Breast (1445 kcal) **£24.95**
Squash purée, spinach, roasted sprouts, mashed potato, cherry & red wine sauce

Roasted Aubergine & Mixed Bean Chilli (ve) (914 kcal) **£16.95**
White rice, guacamole and jalapeños

Vegetable Malabar Curry (ve) (995 kcal) **£16.95**
With white rice

Add: Grilled Chicken Breast (228 kcal) **£5.95**

Side Orders

Thick-Cut Chips (ve) (336 kcal) **£4.50**

Fries (ve) (600 kcal) **£4.50**

Colcannon Mash (v) (518 kcal) **£4.50**

Dauphinoise Potato (v) (573 kcal) **£4.50**

Garlic Fried Green Beans (v) (120 kcal) **£3.95**

Glazed Carrots (v) **£3.95**
with maple, garlic & thyme (138 kcal)

From The Grill

Our steaks are served with thick-cut chips, grilled thyme roasted tomato, flat mushroom, watercress and a sauce of your choice

Hydes Mixed Grill (1511 kcal) **£29.95**
5oz rump, grilled chicken breast, 5oz gammon steak and fried egg

7oz Fillet Steak (626 kcal) **£29.95**

8oz Rump Steak (781 kcal) **£23.95**

10oz Honey Glazed Bacon Steak (1149 kcal) **£18.95**
Grilled pineapple and fried egg

Choose a sauce: (274 kcal) (229 kcal)
Pepper or Roasted Garlic & Chive Butter

Sandwiches All served on gluten free bread

BLT (948 kcal) **£8.95**
Grilled bacon, baby gem, sliced tomato and mayonnaise on toasted & sliced gluten free bread

Ham Salad Sandwich (537 kcal) **£8.95**
Thick-cut roast ham, sliced tomato and baby gem

Roast Sandwich of the Day (1137 kcal) **£12.50**
Served with thick-cut chips and a jug of gravy. Ask for today's choice

Sunday Roasts

AVAILABLE ALL DAY SUNDAY ONLY

All our Sunday Roasts are served with traditional vegetables, roast potatoes, gluten free Yorkshire pudding and real gravy

Duo of Meats (1479 kcal) **£21.50**
Ask for today's choice

12 Hour Roast Beef (1423 kcal) **£19.95**
Served with creamed horseradish sauce

Roast Turkey (1466 kcal) **£18.50**

Roasted Skin on Chicken Breast (1613 kcal) **£18.50**

Pork Loin (1662 kcal) **£18.50**

Roast Platter for Two

Roast Platter for Two (2276 kcal) **£44.95**
12 hour roast beef, pork loin, roasted skin on chicken, turkey, sea salt & rosemary roast potatoes, carrot & swede, sautéed Savoy cabbage, leeks, roasted carrots, broccoli, gluten free Yorkshire pudding and a bottomless jug of real gravy

Desserts

Banoffee Cheesecake (v) (532 kcal) **£8.95**
Banana & butterscotch ice cream and toffee sauce

Black Forest Meringue (v) **£9.95**
Caramel meringue nest, chocolate ice cream, cherry sauce and chocolate flake (776 kcal)

Trio of Ice Cream (v) (684 kcal) **£7.75**
Ask your server for flavours

Full allergen information is available on request. Please ask our team for details when ordering for both food and drink. Despite our best efforts, we are unable to guarantee that our dishes are free from allergens. All weights noted are approximate and prior to cooking. Adults need around 2000 kcal per day. See our website for calorific values. Key: (*sp*) small portion, (v) vegetarian, (ve) vegan.

AW26 1G GF